

	Crisis/Unstable	Growing Stability	Stable/Healthy
Physical Shelter	Homeless; Has no plan for housing	Stable, safe housing arrangement, but dependent on others	Providing for own adequate housing, including utilities
Physical Food	Unable to consistently meet food needs	Meets food needs via mix of available resources	Demonstrates ability to adequately provide nutritious food for self/family
Physical Clothing	Extremely limited clothing	Has clothing, but insufficient for a variety of needs	Adequate professional and casual clothing with ability to meet unexpected clothing needs
Physical Transportation	No transportation plan	Relies on friends; Complicated but sufficient arrangements	Fully adequate transportation for short-term; Looking at long-term solutions
Physical Documentation	Does not have ID or other documents required to obtain basic services	Has some needed documents and is pursuing others	Has ID /driver's license and all other documents needed to satisfy ongoing requirements
Physical Self-care	Suffers from serious medical conditions and/or addictions; Unskilled in self-care	Growing in ability to meet self-care needs; No current health crisis; Addictions being treated	Is aware of ongoing physical conditions and is fully taking care of them; Addictions are under control
Financial Job	No source of employment; no plan for training	Brings in some income but work is not stable; Building references with temporary or volunteer experiences	Has stable, predictable employment and/or other financial support/income
Financial Career/education	Generally does not enjoy work; Unaware of natural skills and abilities	Some job satisfaction; Learning how to determine and pursue future job goals; Believes he/she can grow	Has a plan for education/career and is pursuing it; Is aware of and is fulfilling potential
Financial Daily living	No current financial resources or bank account	Current stable income but living check-to-check; Has bank account(s)	Stable, sufficient income meets general needs and allows for saving and giving; Has checking and savings accounts
Financial Budgeting	Unwilling or unable to plan a budget	Budgets some; Growing in skills for managing money	Has a realistic budget and finds it useful in daily living
Financial Debt	Has significant amount of debt; Still incurring new debt	In debt, but not incurring new debt; Actively reducing existing debt	Normal amount of debt to match income; Debt limited to major items such as home or car
Financial Savings	Has no savings	Has savings that would cover small to medium emergencies	Plans for and has savings to cover significant unexpected financial challenges
Social Networks	Not in contact with family; Broken family ties; Unhealthy intimate relationships	Making positive progress in damaged relationships; Understands what healthy relationships look like	Healthy relationships with willing family members; Mutually beneficial friendships with others reflecting moral purity
Social Networks	Does not recognize the value of a support network or does not know how to begin	Seeking help and building appropriate support network	Actively engaged with a network of support including family, friends, church, co-workers, etc.
Social Judgment	Not good at knowing own needs; Few healthy relationships; Makes poor relational decisions	Showing progress in assessing personal needs; Improving choices in relationships; Improving decision-making skills	Accurately identifies personal needs; Makes good decisions about how to get needs met; Good choices in relationships
Social Disclosure	Minimal ability to identify or express feelings; Either very close-mouthed or overly discloses	Gaining skills and growing in ability to express feelings; Some willingness to be vulnerable	Easily and appropriately expresses feelings and helps others do the same
Social Emotional intelligence	Not self-aware; At risk of being co-dependent; May be a people-pleaser or dominate others	Learning and making progress in self-awareness and healthy relationships; Comfortable in limited number of settings	Consistently demonstrates high emotional intelligence; Comfortable in a range of social situations
Social Stress/conflict	Unable to act appropriately when conflicts or other stressful situations arise	Recognizes need for change; Growing in ability to resolve conflict and handle stress in an appropriate manner	Usually handles conflict and stress appropriately; Is able to help others do the same
Spiritual Honesty	Has significant struggles to be honest	Is honest the majority of the time; Can admit to failures	Consistently tells the truth even when facing unpleasant consequences
Spiritual Responsibility	Often acts like a victim and blames others for problems	Making some progress in admitting own mistakes and making appropriate corrections	Regularly takes appropriate responsibility for own decisions and actions
Spiritual Forgiveness	Is unable to forgive people for intentional or unintentional hurts	Willing to forgive but is working through the process	Gives the benefit of the doubt; Forgives others and self for past actions; Actively practices forgiveness
Spiritual Accountability	Doesn't value participating in accountability groups such as church or 12-step program	Values church or accountability group but involvement is sporadic or superficial	Actively participates in church and/or accountability community
Spiritual Serving	Focuses on self; Thinks little of others; Often lacks empathy/sympathy	Decreasing self-focus; Increasing consideration for others	Actively and consistently serves others; Willingly sacrifices for others as appropriate
Spiritual Christian faith**	Exploring questions about personal faith or is a new Christ-follower	Understands Christian basics & has relationship with Christ; Building disciplines of prayer, Bible study, & fellowship	Mature Christian character reflects a vital relationship with Christ and growing understanding of Scripture

**Applies to Christian prisoners and ex-prisoners only.

Actions/Priorities	
Physical Shelter	
Physical Food	
Physical Clothing	
Physical Transportation	
Physical Documentation	
Physical Self-care	
Financial Job	
Financial Career/education	
Financial Daily living	
Financial Budgeting	
Financial Debt	
Financial Savings	
Social Networks	
Social Networks	
Social Judgment	
Social Disclosure	
Social Emotional intelligence	
Social Stress/conflict	
Spiritual Honesty	
Spiritual Responsibility	
Spiritual Forgiveness	
Spiritual Accountability	
Spiritual Serving	
Spiritual Christian faith**	

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